

February 2026 Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 AM: Cottage Cheese, Blueberries <i>V: ok</i> <i>Vegan: No cheese</i> PM: Hummus & Pita <i>V & Vegan: ok</i>	3 AM: Cheerios, Bananas <i>V & Vegan: ok</i> PM: Black Bean Roll Ups, Cucumbers <i>V & Vegan: ok</i>	4 AM: Scrambled Eggs, Pita <i>V: ok</i> <i>Vegan: No eggs</i> PM: Applesauce, Crackers <i>V & Vegan: ok</i>	5 AM: Pancakes, Bananas <i>V: ok</i> <i>Vegan: no pancakes</i> PM: Baked Polenta Cakes w/ Marinara <i>V & Vegan: ok</i>	6 AM: English Muffin, Strawberries <i>V & Vegan: ok</i> PM: Pinto Bean and Brown Rice Burritos <i>V & Vegan: ok</i>	7
8	9 AM: Shredded Wheat Cereal, Cantaloupe <i>V & Vegan: ok</i> PM: Hard Boiled Eggs, Rolls <i>V: ok</i> <i>Vegan: No eggs</i>	10 AM: Potatoes O'Brien, Oranges <i>V & Vegan: ok</i> PM: Tuscan White Bean Dip with Jicama Sticks <i>V & Vegan: ok</i>	11 AM: French Toast, Grapefruit <i>V: ok</i> <i>Vegan: No French Toast</i> PM: Avocado, Pita <i>V & Vegan: ok</i>	12 AM: Cheerios, Bananas <i>V & Vegan: ok</i> PM: Quesadilla, Apples <i>V: ok</i> <i>Vegan: No Quesadillas</i>	13 AM: Bagels and Cheese <i>V: ok</i> <i>Vegan: No cheese</i> PM: Bow Tie Pasta & Roasted Vegetable Salad w/ Garbanzo Beans <i>V & Vegan: ok</i>	14
15	16 AM: Oatmeal, Pears <i>V & Vegan: ok</i> PM: Pinto Bean and Brown Rice Burritos <i>V & Vegan: ok</i>	17 AM: Pancakes, Bananas <i>V: ok</i> <i>Vegan: no pancakes</i> PM: String Cheese, Crackers <i>V: ok</i> <i>Vegan: No Cheese</i>	18 AM: Scrambled Eggs, Pita <i>V: ok</i> <i>Vegan: No eggs</i> PM: Baked Polenta Cakes w/ Marinara <i>V & Vegan: ok</i>	19 AM: Potatoes O'Brien, Oranges <i>V & Vegan: ok</i> PM: Hummus & Pita <i>V & Vegan: ok</i>	20 AM: Yogurt, Blueberries <i>V: ok</i> <i>Vegan: No yogurt</i> PM: Tuscan White Bean Dip with Jicama Sticks <i>V & Vegan: ok</i>	21
22	23 AM: Cheerios & Banana <i>V & Vegan: ok</i> PM: Quesadilla, Apples <i>V: ok</i> <i>Vegan: No Quesadillas</i>	24 AM: English Muffin, Strawberries <i>V & Vegan: ok</i> PM: Bow Tie Pasta & Roasted Vegetable Salad w/ Garbanzo Beans <i>V & Vegan: ok</i>	25 AM: Shredded Wheat Cereal, Cantaloupe <i>V & Vegan: ok</i> PM: Black Bean Roll Ups, Cucumbers <i>V & Vegan: ok</i>	26 AM: Bagels and Cheese <i>V: ok</i> <i>Vegan: No cheese</i> PM: Quinoa Primavera, Cucumbers <i>V & Vegan: ok</i>	27 AM: French Toast, Grapefruit <i>V: ok</i> <i>Vegan: No French Toast</i> PM: Hard Boiled Eggs, Rolls <i>V: ok</i> <i>Vegan: No eggs</i>	28